

SHATTER THE SILENCE

BULLYING PREVENTION

community resources

Alta Pointe

Children and teens with emotional and behavioral issues need special attention and specialized care in an environment especially designed for them. AltaPointe Children's Outpatient Services include a wide variety of programs designed to treat children and teens between the ages of 3-19, and their families, with the ultimate goal of helping children achieve success in all areas of their lives. (www.AltaPointe.org)

Services provided for children and teens may include the following:

Case Management Services: For patients with complex needs, case management services help connect the family to various programs within the AltaPointe system and with various external community resources.

Children's Day Treatment: The day treatment program is designed to meet the educational and therapeutic needs of severely emotionally disturbed students, grades K-12, who are unable to maintain their behaviors in the Baldwin County Public School setting.

In-Home Family Intervention Program: For children and adolescents ages 5-17 in significant emotional distress and at-risk for out-of-home placement due to the severity of their situation, AltaPointe's in-home intervention services provide intensive, brief, focused family therapy in settings and times that best support the needs of the family.

REAP (Reaching & Encouraging Active Parenting): REAP is an educational and training service designed to help caregivers understand children's behaviors and needs and the responsibilities of the parent/guardian. The services are provided weekly in the home for families with children newborn to age 12.

School-Based Therapy: AltaPointe offers school-based therapy services in every Baldwin County Public School. The program is designed to make access to treatment easier and reduce disrupting school life with absences, and is available to students with Medicaid, ALL Kids, and PEEHIP.

Therapy & Psychiatric Services: For children between the ages of 3-18 exhibiting one or more of a broad range of mental health deficiencies, AltaPointe's Children's Outpatient clinics in Bay Minette, Fairhope, and Foley offer a variety of services including intake evaluation, diagnostic testing, individual/family/group counseling, and medication management. Treatment is individualized to meet each child's needs, and may include play therapy, cognitive behavioral therapy, coping skills training, stress or anger management.

CarePointe is AltaPointe's call center that serves as the initial contact for most patients entering into or returning to AltaPointe's care. CarePointe specialists can screen patients to determine their needs, schedule appointments, handle hospital referrals, and connect callers with the appropriate services within AltaPointe's continuum of care and in the community. They are standing by 24/7 to take your call 251.450.2211

American Foundation for Suicide Prevention

The AFSP is the world's largest foundation that raises awareness, funds scientific research, and provides resources and aid to those affected by suicide. www.afsp.org or 1.888.333.2377

Bay Pointe Children's Hospital

Located in Mobile, AL, and operated by AltaPointe Health, BayPointe is a free-standing psychiatric hospital that provides inpatient and residential treatment for children and adolescents with extremely challenging psychiatric

and behavioral problems. Short-term inpatient crisis stabilization (60 beds), as well as long-term treatment in a residential setting (34 beds), is offered for children between the ages of 5-18. BayPointe serves children and teens affected by a variety of conditions including depression and mood disorders, suicidal thoughts or behaviors, self-harming behaviors, extreme anxiety, combative and defiant behaviors. Contact CarePointe at 251.450.2211 to make a referral or set up an intake screening 24 hours a day. (<https://click-time.symantec.com/3FMu9dMEKFFrTk8BQPdoo7Vc?u=www.BayPointe-Hospital.org>)

BayView Professional Associates

Located in Fairhope, AL, this mental health care facility helps individuals and families dealing with emotional or psychological issues that interfere with their ability to function in their day-to-day living. Best practice clinical interventions are used to address both mental health and substance abuse problems. Treatment may include individual/group/family/marital counseling, play therapy, crisis intervention, parent education, and medication management. For an initial appointment, call 251.660.2360 between the hours of 8:00 a.m.-4:30 p.m. Monday-Friday.

Big Brothers Big Sisters

The largest one-to-one mentoring organization serving children in four counties across south Alabama. Adult volunteers, known as "Bigs," are enlisted and are matched with "Littles," who are children between the ages of 6-12 and would benefit the most from having a Big. The purpose of this organization's services is to give children a caring and supportive adult mentor, who's been thoroughly screened and trained, who will guide them to success, hold them accountable, and help them reach their full potential. www.bbbsa.org or 251.344.0536

The Bridge

A residential treatment program that provides treatment for males between the ages of 12-18. Located in Gadsden, AL, the average length of stay for those young men admitted to this program is 45-60 days—depending upon their progress in treatment. An outpatient program is also available in Baldwin County for males and females between the ages of 12-18 who meet the American Society of Addiction Medicine (ASAM) criteria for Level 0.5 or Level I treatment placement. The program emphasizes an individualized treatment plan that includes the family unit as well as the adolescent.

Transitions Baldwin: A diversion program is also offered in Baldwin County for males and females between the ages of 12-18. As an alternative to placement in the Department of Youth Services, this program offers highly individualized services in the home, school, and community. Children served by this program are usually experiencing behavioral, legal, or family issues. The program varies in duration and intensity depending upon need; however, it usually lasts between 6-9 months.



School services: Through a partnership with the Baldwin County Public School System, some services are provided for children in the schools, which not only helps to reduce barriers such as transportation, but also helps to increase access to services. Although referrals are accepted from the courts, school system, parents, and other community agencies, a call to the program to schedule a time for screening and assessment is also acceptable. Following the assessment, recommendations by the therapist to the client and his/her family concerning the appropriate level of care will be discussed. All services provided at The Bridge are free of charge. www.bridgeinc.org or 251.338.1780

Compass II Life

A nine-week therapy and leadership program that focuses on developing young males between the ages of 11-18 into leaders. The cost of the program is \$25/week, and it includes snacks and handouts. The program is designed to not only help young men improve their decision making, but to also provide them with male mentoring and guidance. Contact Mr. Deon Gatson at 251.229.2860 for additional information, or visit the website at www.compassilife.com.

Drug Education Council

Located in Robertsdale, AL, free, anonymous drug testing is offered for adolescents. Families also receive counseling, intervention, and referral assistance, as needed. A four-week Chemical Abuse Prevention Program (CAPP) is offered for students and their families utilizing an evidence-based prevention curriculum called "Staying Connected With Your Teen." This curriculum allows families to gain insight into areas that are essential to positive youth and family development, including substance abuse education, communication skills, and reinforcement of family bonding and attachment. Contact Mr. Mike Cook at 721.1451 or via e-mail at mcook@drugeducation.org for additional information.

Gulf Coast Mental Health Coalition

This is a grassroots coastal coalition of mental health providers, non-profit organizations, public agencies, faith-based and educational affiliations, as well as individuals and business owners. Each of these entities is committed to not only work together to bring increased public awareness of the crisis in our mental health delivery system, but to also provide continual educational programs about mental health concerns, legislative advocacy, and resource/community engagement through the formation of a trauma-informed community network. Contact Mr. Mike Young at 623.2030, or Sher Graham at 404.3924, or e-mail gulfcoastmhc@gmail.com for additional information.

Jennifer Claire Moore Foundation

Named in honor and memory of Jennifer Claire Moore, a 16-year-old high school student who lost her life to suicide in 1997, the foundation has many notable achievements, of which the peer helper program is the most significant. The peer helper program trains teens to identify the signs of depression and suicide in their peers, as well as how to support these individuals in getting professional assistance. In addition to suicide prevention, many more emotional, societal, and educational issues are also addressed in the peer helper program. Contact Mrs. Allison Moore at 971.3633 or via e-mail at allison@jennifermoorefoundation.com for additional information.

National Suicide Prevention Lifeline

If you or someone you know is in a suicidal crisis or emotional distress, call the National Suicide Prevention Lifeline at 1.800.273.8255. From anywhere in the United States, you may also access the Crisis Text Line by texting HELLO to 741-741. Trained volunteers will text about whatever is a crisis to you—addiction, anxiety, bullying, depression, self-harm, suicide, etc.

Out of Darkness Walk

Raises awareness and funds that allow the American Foundation for Suicide Prevention to invest in new research, create educational programs, advocate for public policy, and support survivors of suicide loss. This year's walk will be held on October 20, 2019, at Daphne City Hall at 1:00 p.m. Contact Lydia Barber for additional information at 455.6453 or jlbarber5@bellsouth.net

Pine Grove Behavioral Health Systems

Since 1984, Pine Grove has specialized in behavioral health care and addiction treatment services. There are three inpatient units: Psychiatric Intensive Care Unit, Adult Psychiatric and Dual Diagnosis Unit with detox capabilities, and the Child and Adolescent Unit.

The Adult Psychiatric Unit offers a variety of behavioral health services from assessing, coping, and treating any of the following: psychosis, schizophrenia, depression, bipolar disorder, anxiety disorders, and personality disorders.

The Child and Adolescent Unit is a 30-bed facility that offers inpatient treatment for children and adolescents with psychiatric and substance abuse issues. The program also offers classroom support on site to assist with the continuity of studies needed from the patient's school.

Pine Grove's Outpatient Services are for children, adolescents, and adults. These services include assessment, medication management, individual and group therapy, in addition to psychological testing. Autism services and educational consultation are also provided for school districts and professionals. Additionally, the outpatient services has a specialized treatment for mental health conditions related to pregnancy, medication assisted treatment programs, and a technology addiction group for adolescents between the ages of 13-17 who struggle with an excessive use of technology including video games, computers, and smart phones, which is negatively impacting their life and their relationships.

Pine Grove's Evaluation Center offers evaluation services for professionals, licensing boards, professional health programs, the community, and families. Each assessment can also be individualized based upon the client's need.

Pine Grove's Addiction Treatment includes: Next Step, Women's Center, Gratitude, and Legacy Programs, which provide residential level addiction treatment as well as a step down partial hospitalization program for patients based on the clinical decision of the treatment team. An intensive outpatient program is also offered for men and women for the treatment of substance use disorders and compulsive sexual behavior. Pine Grove offers a variety of intensive workshops that take participants on a positive and reflective journey of self-discovery. The Family Program provides a safe and compassionate environment for the residential patients and their families. A portion of the patient's treatment at Pine Grove is dedicated to intensive family therapy and education. www.pinegrovetreatment.com or 1-888-574-4673

United Way

The United Way of Baldwin County's collaborative effort with health and human service agencies works to build, grow, and enhance the well-being of citizens in Baldwin County. More than fundraisers, the United Way is a partner in change, working with a broad range of people and organizations to identify and resolve pressing community issues. Specifically, support is provided for 30 non-profit health and human service agencies serving residents in all of Baldwin County. Donations to United Way of Baldwin County stay here in the community helping friends and neighbors. Contact Marina Simpson, Executive Director, at 943.2110 or via e-mail at msimpson@unitedway-bc.org for additional information.

